



Fort Wayne Community Schools

December 2018 Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger Steak Dinner Roll Baked Potato Baby Carrots Chilled Peaches Milk	4 Galaxy Cheese Pizza Corn Baby Carrots Fresh Kiwi Banana Bread Milk	5 Cheesy Chili Tortilla Chips Chop Salad Baby Carrots Warm Cinnamon Apples & Cranberries Chewy Chocolate Cookie Milk	6 Zesty Orange Chicken Vegetable Fried Rice Cucumber Coins Hummus Baby Carrots Applesauce Milk	7 Glazed French Toast Crispy Potatoes Baby Carrots Hardboiled Egg Sweet Strawberries Milk
10 Mini Twin Cheeseburgers Peas Baby Carrots Fruit Cocktail Sugar Cookie Milk	11 Italian Dunker Sauce Garlic Bread Mozzarella Cheese Sugar Snap Peas Baby Carrots Red Apple Wedges Chocolate Chip Cookie Milk	12 Dilly Chicken Bites Biscuit Cucumber Coins Hummus Baby Carrots Lemon & Berry Ice Milk	13 Beef & Bean Nachos Salsa Dipping Cup Baby Carrots Banana Milk	14 Macaroni & Cheese Steamed Broccoli Baby Carrots Sweet Blueberries Carrot Cake Milk
17 Grilled Cheese Sandwich Baked Beans Baby Carrots Sweet Strawberries Oatmeal Cookie Milk	18 Mini Soft Tacos Salsa Dipping Cup Baby Carrots Fresh Orange Banana Split Cookie Milk	19 Italian Spaghetti Dinner Roll Steamed Broccoli Baby Carrots Raisins Milk	20 Galaxy Pepperoni Pizza Peas Baby Carrots Chilled Pears Apple Muffin Milk	21 Grilled Chicken on Bun Baby Carrots Tropical Twist Juice Applesauce Holiday Cake Milk
24	25	26	27	28

Winter Break

December is Baking Month!

- December 8th is National Brownie Day
- December 18th is Bake Cookies Day
- December 19th is Oatmeal Muffin Day

Christopher Columbus introduced sugar to the New World in 1493 on his 2nd voyage.

The average American eats about 10-12 lbs of chocolate per year.

Cookies were 1st made in Persia in the 7th century.

Chocolate chip is the most popular cookie baked in America.

There are 2 kinds of muffin: English (flat) and American (tall w/ a rounded top).

For more information, visit our website at:

<http://foodservice.fwcs.k12.in.us/>

This menu is pork free.

Menus are subject to change without notice.



Fort Wayne Community Schools

December 2018 Private School Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger Steak Dinner Roll Baked Potato Baby Carrots Chilled Peaches Milk	4 Galaxy Cheese Pizza Corn Baby Carrots Fresh Kiwi Banana Bread Milk	5 Cheesy Chili Tortilla Chips Chop Salad Baby Carrots Warm Cinnamon Apples & Cranberries Chewy Chocolate Cookie Milk	6 Zesty Orange Chicken Vegetable Fried Rice Cucumber Coins Hummus Baby Carrots Applesauce Milk	7 Glazed French Toast Crispy Potatoes Baby Carrots Hardboiled Egg Sweet Strawberries Milk
10 Mini Twin Cheeseburgers Peas Baby Carrots Fruit Cocktail Sugar Cookie Milk	11 Italian Dunker Sauce Garlic Bread Mozzarella Cheese Sugar Snap Peas Baby Carrots Red Apple Wedges Chocolate Chip Cookie Milk	12 Dilly Chicken Bites Biscuit Cucumber Coins Hummus Baby Carrots Lemon & Berry Ice Milk	13 Beef & Bean Nachos Salsa Dipping Cup Baby Carrots Banana Milk	14 Macaroni & Cheese Steamed Broccoli Baby Carrots Sweet Blueberries Carrot Cake Milk
17 Grilled Cheese Sandwich Green Beans Baby Carrots Sweet Strawberries Oatmeal Cookie Milk	18 Mini Soft Tacos Salsa Dipping Cup Baby Carrots Fresh Orange Banana Split Cookie Milk	19 Italian Spaghetti Dinner Roll Steamed Broccoli Baby Carrots Raisins Milk	20 Galaxy Pepperoni Pizza Peas Baby Carrots Chilled Pears Apple Muffin Milk	21 Grilled Chicken on Bun Baby Carrots Tropical Twist Juice Applesauce Holiday Cake Milk
24	25	26	27	28

Winter Break

December is Baking Month!

- December 8th is National Brownie Day
- December 18th is Bake Cookies Day
- December 19th is Oatmeal Muffin Day

Christopher Columbus introduced sugar to the New World in 1493 on his 2nd voyage.

The average American eats about 10-12 lbs of chocolate per year.

Cookies were 1st made in Persia in the 7th century.

Chocolate chip is the most popular cookie baked in America.

There are 2 kinds of muffin: English (flat) and American (tall w/ a rounded top).

For more information, visit our website at:

<http://foodservice.fwcs.k12.in.us/>

This menu is pork free.

Menus are subject to change without notice.



Fort Wayne Community Schools

December 2018 Large Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger Steak Dinner Roll Baked Potato Steamed Broccoli Baby Carrots Chilled Peaches Milk	4 Galaxy Cheese Pizza Breadsticks Corn Baby Carrots Fresh Kiwi Banana Bread Milk	5 Cheesy Chili Tortilla Chips Chop Salad Baby Carrots String Cheese Warm Cinnamon Apples & Cranberries Chewy Chocolate Cookie	6 Zesty Orange Chicken Vegetable Fried Rice Italian Vegetables Cucumber Coins Hummus Baby Carrots Applesauce Milk	7 Glazed French Toast Crispy Potatoes Baby Carrots Hardboiled Egg Sweet Strawberries Sweet Blueberries Milk
10 Mini Twin Cheeseburgers Peas Baby Carrots Creamy Coleslaw Fruit Cocktail Sugar Cookie Milk	11 Italian Dunker Sauce Garlic Bread Mozzarella Cheese Potato Wedges Sugar Snap Peas Baby Carrots Red Apple Wedges Chocolate Chip Cookie Milk	12 Dilly Chicken Bites Biscuit Green Beans Cucumber Coins Hummus Baby Carrots Lemon & Berry Ice Milk	13 Beef & Bean Nachos Salsa Dipping Cup Spanish Rice Baby Carrots Banana Milk	14 Macaroni & Cheese Steamed Broccoli Baby Carrots Sweet Blueberries Chilled Peaches Carrot Cake Milk
17 Grilled Cheese Sandwich Green Beans Capri Vegetables Baby Carrots Sweet Strawberries Oatmeal Cookie Milk	18 Mini Soft Tacos Salsa Dipping Cup California Veggies Baby Carrots Fresh Orange Banana Split Cookie Milk	19 Italian Spaghetti Dinner Roll Steamed Broccoli Baby Carrots String Cheese Raisins Milk	20 Galaxy Pepperoni Pizza Breadsticks Peas Baby Carrots Chilled Pears Apple Muffin Milk	21 Grilled Chicken on Bun Italian Vegetables Baby Carrots Tropical Twist Juice Applesauce Holiday Cake Milk
24	25	26	27	28

Winter Break

December is Baking Month!

- December 8th is National Brownie Day
- December 18th is Bake Cookies Day
- December 19th is Oatmeal Muffin Day

Christopher Columbus introduced sugar to the New World in 1493 on his 2nd voyage.

The average American eats about 10-12 lbs of chocolate per year.

Cookies were 1st made in Persia in the 7th century.

Chocolate chip is the most popular cookie baked in America.

There are 2 kinds of muffin: English (flat) and American (tall w/ a rounded top).

For more information, visit our website at:

<http://foodservice.fwcs.k12.in.us/>

This menu is pork free.

Menus are subject to change without notice.



Fort Wayne Community Schools

December 2018 Private School Large Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheeseburger Steak Dinner Roll Baked Potato Steamed Broccoli Baby Carrots Chilled Peaches Milk	4 Galaxy Cheese Pizza Breadsticks Corn Baby Carrots Fresh Kiwi Banana Bread Milk	5 Cheesy Chili Tortilla Chips Chop Salad Baby Carrots String Cheese Warm Cinnamon Apples & Cranberries Chewy Chocolate Cookie Milk	6 Zesty Orange Chicken Vegetable Fried Rice Italian Vegetables Cucumber Coins Hummus Baby Carrots Applesauce Milk	7 Glazed French Toast Crispy Potatoes Baby Carrots Hardboiled Egg Sweet Strawberries Sweet Blueberries Milk
10 Mini Twin Cheeseburgers Peas Baby Carrots Creamy Coleslaw Fruit Cocktail Sugar Cookie Milk	11 Italian Dunker Sauce Garlic Bread Mozzarella Cheese Potato Wedges Sugar Snap Peas Baby Carrots Red Apple Wedges Chocolate Chip Cookie Milk	12 Dilly Chicken Bites Biscuit Green Beans Cucumber Coins Hummus Baby Carrots Lemon & Berry Ice Milk	13 Beef & Bean Nachos Spanish Rice Salsa Dipping Cup Baby Carrots Banana Milk	14 Macaroni & Cheese Steamed Broccoli Baby Carrots Sweet Blueberries Chilled Peaches Carrot Cake Milk
17 Grilled Cheese Sandwich Green Beans Capri Vegetables Baby Carrots Sweet Strawberries Oatmeal Cookie Milk	18 Mini Soft Tacos Salsa Dipping Cup California Veggies Baby Carrots Fresh Orange Banana Split Cookie Milk	19 Italian Spaghetti Dinner Roll Steamed Broccoli Baby Carrots String Cheese Raisins Milk	20 Galaxy Pepperoni Pizza Breadsticks Peas Baby Carrots Chilled Pears Apple Muffin Milk	21 Grilled Chicken on Bun Italian Vegetables Baby Carrots Tropical Twist Juice Applesauce Holiday Cake Milk
24	25	26	27	28

Winter Break

December is Baking Month!

- December 8th is National Brownie Day
- December 18th is Bake Cookies Day
- December 19th is Oatmeal Muffin Day

Christopher Columbus introduced sugar to the New World in 1493 on his 2nd voyage.

The average American eats about 10-12 lbs of chocolate per year.

Cookies were 1st made in Persia in the 7th century.

Chocolate chip is the most popular cookie baked in America.

There are 2 kinds of muffin: English (flat) and American (tall w/ a rounded top).

For more information, visit our website at:

<http://foodservice.fwcs.k12.in.us/>

This menu is pork free.

Menus are subject to change without notice.



Fort Wayne Community Schools

Diciembre 2018 Menú de Almuerzo

unes	Martes	Miercoles	Jueves	Viernes
3 Hamburguesa de Bistec Con Queso Panecillos Papa al Horno Zanahorias Duraznos Enfriados Leche	4 Pizza de Queso "Galaxy" Maíz Zanahorias Kiwi Fresco Pan de Plátano Leche	5 Chile con Queso Chips de Tortilla Ensalada Zanahorias Manzanas Calientes con Aradanos y Canela Galleta de Chocolate Masticable Leche	6 Pollo a la Naranja "Zesti" Arroz Frito de Vegetales Monedas de Pepino Pasta de Garbanzos Zanahorias Compota de Manzana Leche	7 Tostada Francesa Glaseada Papas Crujientes Zanahorias Huevo duro Fresas Leche
10 Mini Hamburguesas con Queso Arvejas Zanahorias Coctel de Frutas Galleta de Azúcar Leche	11 Salsa Italiana para Sopear Queso de Mozzarella Pan de Ajo Arvejas "Sugar Snap" Zanahorias Manzana Roja Fresca Galleta con Pedacitos de Chocolate Leche	12 Bocaditos de Pollo Bizcocho Monedas de Pepino Pasta de Garbanzos Zanahorias Hielo de Limón y Bayas Leche	13 Nachos de Carne de Res y Frijoles Salsa Zanahorias Plátano Leche	14 Macarrones Gratinados Brócoli al Vapor Zanahorias Arándanos Pastel de Zanahoria Leche
17 Sándwich de Queso a la Parrilla Habichuelas Zanahorias Fresas Galleta de Avena Leche	18 Mini Tacos Blandos Salsa Zanahorias Naranja Fresca Galleta con sabor a helado de banana Leche	19 Espagueti Italiano Panecillos Brócoli al Vapor Zanahorias Uvas Pasas Leche	20 Pizza de Salchichon "Galaxy" Arvejas Zanahorias Peras Enfriadas Mollete de Manzana Leche	21 Sándwich de Pollo a la Parrilla Zanahorias Jugo con sabor Tropical Compota de Manzana Torta Festiva Leche
<div style="font-size: 4em; opacity: 0.5; font-weight: bold;">Vacacion por las Fiestas</div>	<div style="font-size: 4em; opacity: 0.5; font-weight: bold;">Vacacion por las Fiestas</div>	<div style="font-size: 4em; opacity: 0.5; font-weight: bold;">Vacacion por las Fiestas</div>	<div style="font-size: 4em; opacity: 0.5; font-weight: bold;">Vacacion por las Fiestas</div>	<div style="font-size: 4em; opacity: 0.5; font-weight: bold;">Vacacion por las Fiestas</div>

¡Diciembre es el Mes de Hornear!

- Diciembre 8 es el Día Nacional del Brownie
- Diciembre 18 es el día de Hornear Galletas
- Diciembre 19 es el día de Mollete de Avena

Cristóbal Colón introdujo el azúcar al Nuevo Mundo en 1493 en su segundo viaje.

El americano promedio come más o menos 10-12 libras de chocolate al año.

Las Galletas fueron primero hechas en Persia en 7mo siglo.

La Galleta con Pedacitos de Chocolate es la galleta más popular hecha en América.

Hay 2 tipos de molletes: Inglés (plano) y Americano (alto con la parte de arriba)

Para más información visite nuestro web en:

<http://foodservice.fwcs.k12.in.us/>

Este menú no tiene carne de cerdo

Los Menús están sujetos a cambio sin aviso



Fort Wayne Community Schools

December 2018 Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 Strawberry Fruit & Grain Bar Cheddar Cheese Stick Orange Tangerine Juice Breakfast Fruit Milk	4 Zee Zee Campfire S'mores Bar Mixed Berry Juice Breakfast Fruit Milk	5 Cinnamon Roll Apple Juice Breakfast Fruit Milk	6 Chocolate Otis Muffin Cinnamon Goldfish Grahams Grape Juice Breakfast Fruit Milk	7 Sunrise Bites Sun Butter Kiwi Strawberry Juice Breakfast Fruit Milk
10 Chocolate Chip Oatmeal Bar Cheddar Cheese Stick Orange Tangerine Juice Breakfast Fruit Milk	11 Cinnamon Toast Crunch Cereal Bar Chocolate Bear Grahams Mixed Berry Juice Breakfast Fruit Milk	12 Banana Chocolate Chunk - Benefit Bar Apple Juice Breakfast Fruit Milk	13 Blueberry Otis Muffin Cinnamon Goldfish Grahams Grape Juice Breakfast Fruit Milk	14 Chewy Cocoa Krispie Granola Bar Graham Crackers Kiwi Strawberry Juice Breakfast Fruit Milk
17 Chocolate Chip Oatmeal Bites Cheddar Cheese Stick Orange Tangerine Juice Breakfast Fruit Milk	18 Zee Zee Cinnamon Crisp Bar Mixed Berry Juice Breakfast Fruit Milk	19 Sunrise Bites Sun Butter Kiwi Strawberry Juice Breakfast Fruit Milk	20 Blueberry Fruit & Grain Bar Vanilla Bear Grahams Apple Juice Breakfast Fruit Milk	21 Cocoa Puffs Cereal Bar Grahams Crackers Grape Juice Breakfast Fruit Milk
24	25	26	27	28
<h1 style="color: #c00000; text-shadow: 2px 2px 0px #c00000;">Winter Break</h1>				

This menu is pork free

Menus are subject to change without notice.

For more information, visit our website at:

<http://foodservice.fwcs.k12.in.us/>



Fort Wayne Community Schools

Diciembre 2018 Menú de Desayuno

Lunes	Martes	Miercoles	Jueves	Viernes
3 Barra de Cereal y Fresa Palitos de Queso Cheddar Jugo de Naranja Mandarina Fruta de Desayuno Leche	4 Barra "Zee Zee" de Chocolate y Melcochas Tostadas con Galletas Mezcla de Jugo de Baya Fruta de Desayuno Leche	5 Pancito de Canela Jugo de Manzana Fruta de Desayuno Leche	6 Mollete de Chocolate Otis Pececitos Integrales de Canela Jugo de Uvas Fruta de Desayuno Leche	7 Botanas de la Mañana Mantequilla Sun Jugo de Kiwi y Fresa Fruta de Desayuno Leche
10 Barra de Avena con Chispas de Chocolate Palitos de Queso Cheddar Jugo de Naranja Mandarina Fruta de Desayuno Leche	11 Barra de Cereal Sebor a Canela Osos en Galleta de Chocolate Mezcla de Jugo de Baya Fruta de Desayuno Leche	12 Barra "Benefit" de Banana y trocitos de Chocolate Jugo de Manzana Fruta de Desayuno Leche	13 Mollete de Arándano Otis Pececitos Integrales de Canela Jugo de Uvas Fruta de Desayuno Leche	14 Barra de "Granola" Masticable "Cocoa Krispie" Galletas Integrales Jugo de Kiwi y Fresa Fruta de Desayuno Leche
17 Bocaditos de Avena Con Chochips Palitos de Queso Cheddar Jugo de Naranja Mandarina Fruta de Desayuno Leche	18 Barra Crujiente "Zee Zee" con Sabor a Canela Mezcla de Jugo de Baya Fruta de Desayuno Leche	19 Botanas de la Mañana Mantequilla Sun Jugo de Kiwi y Fresa Fruta de Desayuno Leche	20 Barra de Cereal y Arandanos Galletas Integrales Jugo de Manzana Fruta de Desayuno Leche	21 Barra de Cereal y Hojaldre de Cacao Galletas Integrales Jugo de Uvas Fruta de Desayuno Leche
24	25	26	27	28
<h1 style="color: #c00000; text-shadow: 2px 2px 0px #c00000;">Vacacion por las Fiestas</h1>				

Este menú no tiene carne de cerdo

Los Menús están sujetos a cambio sin aviso

Para más información visite nuestro web en:

<http://foodservice.fwcs.k12.in.us/>