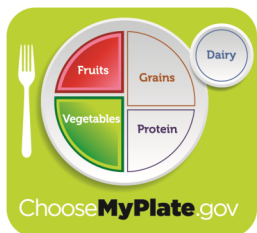


# F&V Snack Menu

## December 2018

3 <b>Orange Wedges</b>	4 <b>Sugar Snap Peas with dip</b>	5 <b>Strawberries</b>	6 <b>Broccoli with dip</b>	7 <b>Golden Kiwi</b>
10 <b>Apple</b>	11 <b>Carrot with dip</b>	12 <b>Grape Giggles</b>	13 <b>Celery with Ranch Dip</b>	14 <b>Star Fruit</b>
17 <b>Pear</b>	18 <b>Cucumber Coins w dip</b>	19 <b>Kiwi</b>	20 <b>Variety Snack</b>	21 <b>No School</b>
<b>Winter Break</b>				

The golden kiwi is similar to the green kiwi, but here are a few difference. The golden kiwi has a thinner skin that is smoother without any of the fuzz found on the original green variety. It is refreshingly sweet with a tropical touch. Golden kiwi is less tart, it gets sweeter as it ripens.



**Make half your plate fruits & veggies!**