

F&V Snack Menu

March 2018

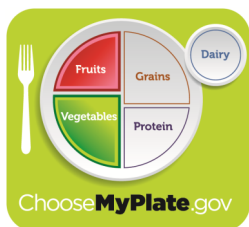


WE ARE YOUR SCHOOLS

			1 Green Pepper with dip	2 Pineapple Chunks
5 Variety	6 Rainbow Sliced Carrots with dip	7 Banana	8 Cucumber Coins with dip	9 Green Apple
12 Pear	13 Celery with Sun Butter	14 Orange	15 Green Pepper with dip	16 Kiwi
19 Red Apple	20 Baby Carrots with Dip	21 Strawberries	22 Broccoli with dip	23 Ranch Carrots
26 Grape Giggles	27 Sugar Snap Peas with dip	28 Banana	29 Orange	30 No School Today

This institution is an equal opportunity provider.

The carrot originated about 5,000 years ago in Middle Asia around Afghanistan. In Roman times, carrots were purple or white. In the 16th century, Dutch growers bred the vegetable to grow in the colors of the House of Orange.



Make half your plate fruits & veggies!